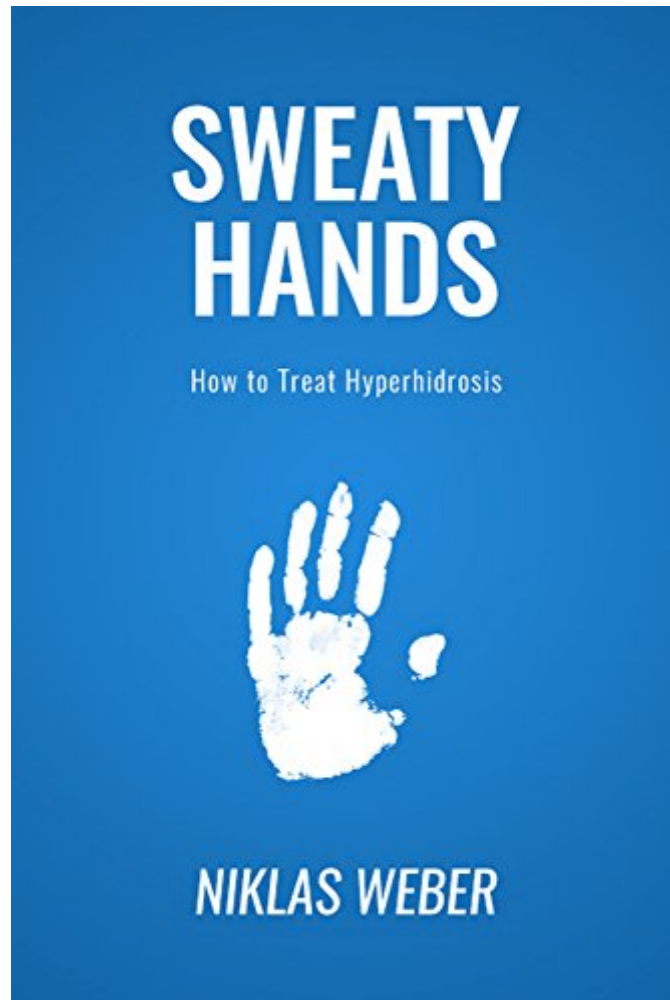




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Sweaty Hands: How To Treat Hyperhidrosis



Synopsis

Sweaty hands can be annoying!Hyperhidrosis is a condition that causes excessive sweating. It affects the palms, feet and underarms, but can also affect the face. If you suffer from this condition you may find it difficult to shake hands with others. It affects all age groups and it is estimated that 220 million people worldwide are affected. Excessive sweating is embarrassing, uncomfortable, and can lead to skin problems. In cold or hot weather, it can be a real nuisance. It can also affect your self-image. Coping with it can be a struggle. However, there are actions that you can take today that will cure this condition once and for all! You don't have to live in fear or shame from excessive sweating anymore!This book provides over 10 proven treatments to cure this bothersome ailment!In this book you will learn:What exactly Hyperhidrosis is What makes you susceptible to HyperhidrosisWhat are the triggers that cause the condition Traditional treatments available, and side effectsAlternative methods I have tried, and that can work for you tooThank you for purchasing this book. I hope it helps you overcome your condition. If you have any questions, please contact me at [email address].

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the AuthorHi! I am Niklas and I’m a 25-year-old German/American who is currently finishing his
degree in Economics at the FU Berlin. I am very passionate about reading, running working out,
traveling and trying out new things, the odder the better. Ever since I can remember, my hands have
sweat profusely. That made my time at school quite a struggle, as my friends were not too keen on
touching hands with me, let’s not even start with girls. I was never bullied or felt left out, but I was
not treated like all the rest of the kids. When I moved on to university and had to start relating again
with people, that’s when I decided I had to find a solution to my hyperhidrosis. I started studying a
lot about the subject and consulting with different doctors. This book is a compilation of what I have
discovered and what has worked for me over the past 3 years. This with the intention that if you
suffer from the same ailment I suffer, you can inform yourself and take action about different ways to
control your sweaty hands.

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Customer Reviews

I felt a lot better after reading this, I will definitely follow the instructions and hope for the best.

Thanks to the author.

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